

KATA DIVISIONS

KUMITE DIVISIONS

Table with columns: Division, JKO/TKD MALE, JKO/TKD FEMALE. Rows include K-01 to K-85, Kempo/Kajukenbo/Hawian MALE, and Kempo/Kajukenbo/Hawian FEMALE.

Table with columns: Division, ADULT JKO/TKD UNDERBELT DIV., WEAPONS HARD TRADITIONAL MALE/FEMALE, OPEN / CREATIVE MALE & FEMALE, FIRST TIME KATA, SELF-DEFENSE M/F, RANKS. Rows include K-73 to K-109, 18+ KMP/KJKB/HAWII UNDER BELT DIV., 18+ CHINESE & WHUSHU UNDER BELT DIV., BLACK BELT KATA DIVISIONS 18+, WEAPONS HARD TRADITIONAL MALE/FEMALE, OPEN / CREATIVE MALE & FEMALE, FIRST TIME KATA, SELF-DEFENSE M/F, RANKS.

Table with columns: Division, Age, Gender, Rank. Rows include F-01 to F-24, MALE, FEMALE, ADULT SPARRING DIVISIONS 18 + UNDER BELTS, ADULT SPARRING DIVISIONS 18 + BLACK BELTS, MALE, FEMALE, CONTINUOUS (10 Oz. Boxing Gloves Req'd), FIRST TIME SPARRING, MALE, FEMALE.

Table with columns: Division, Age, Gender, Rank. Rows include FF-01 to FF-24, MALE, FEMALE, ADULT SPARRING DIVISIONS 18 + UNDER BELTS, ADULT SPARRING DIVISIONS 18 + BLACK BELTS, MALE, FEMALE, CONTINUOUS (10 Oz. Boxing Gloves Req'd), FIRST TIME SPARRING, MALE, FEMALE.

Table with columns: Division, JKO/TKD MALE, JKO/TKD FEMALE. Rows include K-61 to K-72.

Table with columns: Division, ADULT JKO/TKD UNDERBELT DIV., RANKS. Rows include GK-01 to GK-10, 2018 Gold Cup Circuit Events, Schedule of events.

Table with columns: Division, Age, Gender, Rank. Rows include GK-11 to GK-17, 2018 Gold Cup Circuit Events, Schedule of events.

Table with columns: Division, Age, Gender, Rank. Rows include FTM-01 to FTM-07, 2018 Gold Cup Circuit Events, Schedule of events.

Note: colored striped belts will be moved up one rank

GOLD CUP CIRCUIT MEMBERSHIP IS FREE. VISIT WEBSITE FOR MIN. REQUIRED PARTICIPATION TO QUALIFY FOR CIRCUIT AWARDS

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